

1

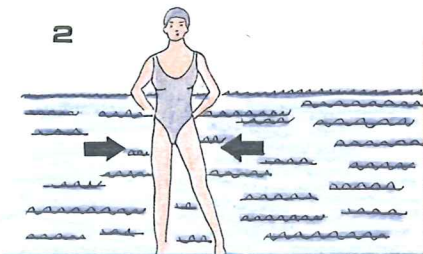
ESERCIZI DI IDROTERAPIA:

MASSIMO CANEPA
TERAPISTA DELLA RIABILITAZIONE
SPECIALIZZATO IN GINESETERAPIA
Via Fratelli Ferrar, 48/4
16031 BOGLIASCO (GE)
Part. I.V.A.: 03230320101



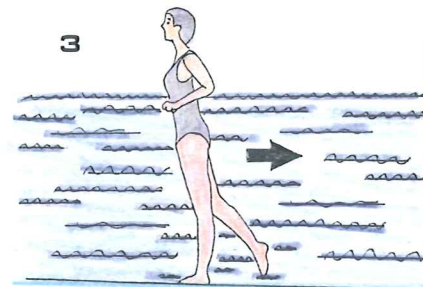
ANDATURA IN AVANTI
LENTA

2

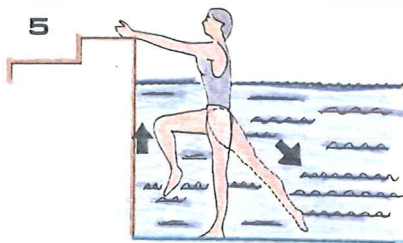
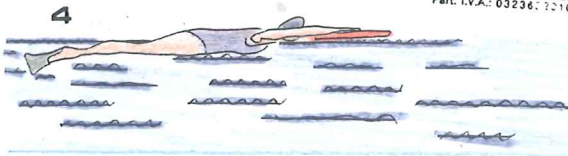


ANDATURA LATERALE

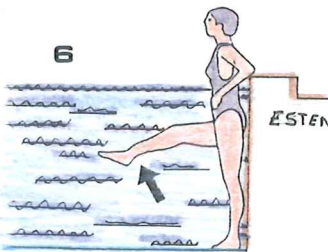
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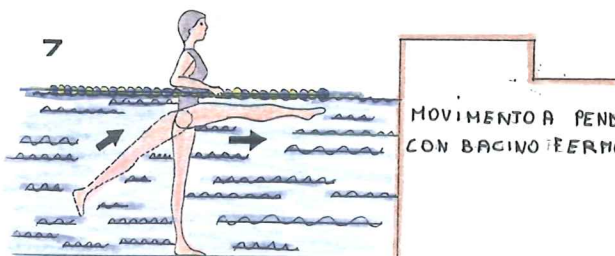
ANDATURA POST.



MOVIMENTO
ANTERO-POSTERIORE

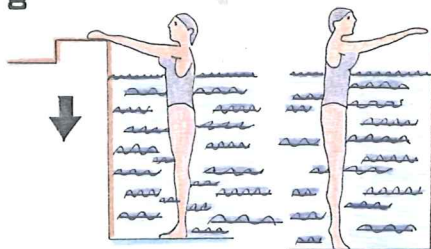


ESTENSIONE A 90°



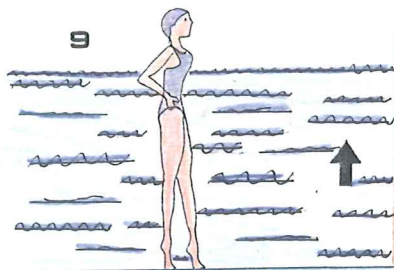
MOVIMENTO A PENDOLO
CON BACINO FERMO

8



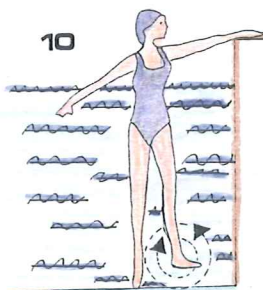
PUNTA DI PIEDI
CON APPOGGIO

9

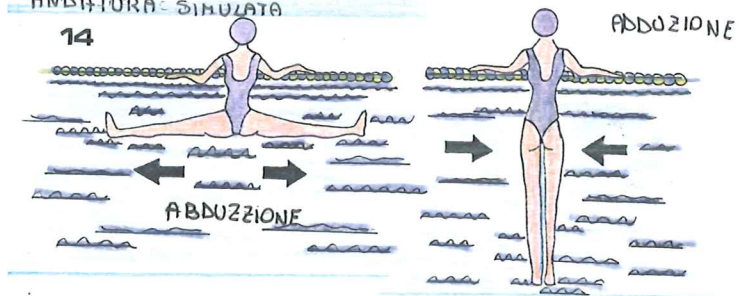
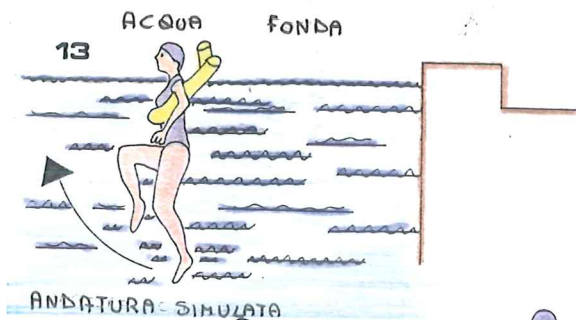
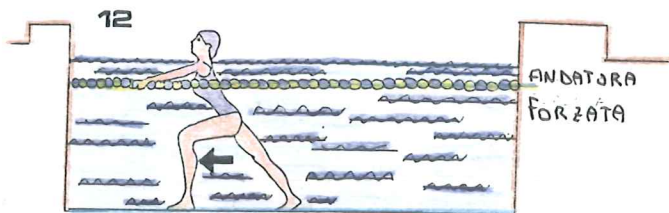
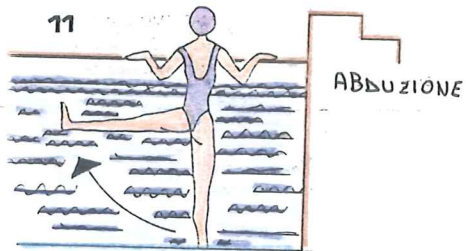


SENZA APPOGGIO

10

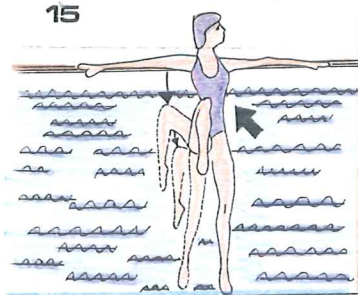


MOVIM. INT E ESTERNI
CON PIEDE ANATELLO



EXTRA ROTAZIONE

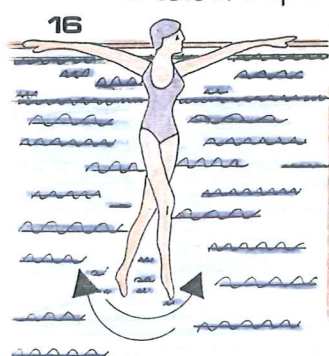
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SPECIALIZZATO IN GINESTERAPIA
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Part. I.V.A.: 03236320101

MOVIMENTO "PENDELO" IN SOSPENSIONE

16

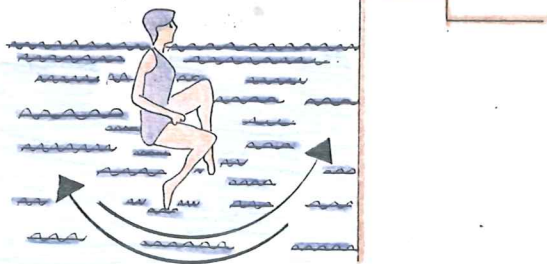


17

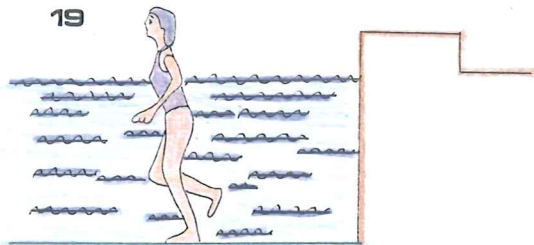
MOVIMENTO "STORPICIATA"



18



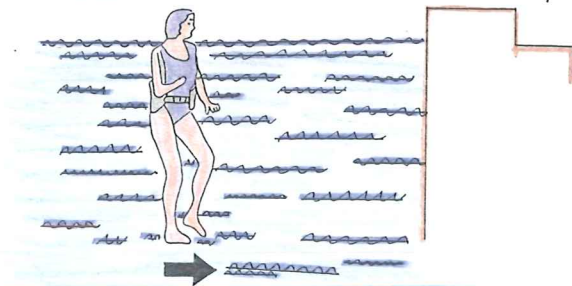
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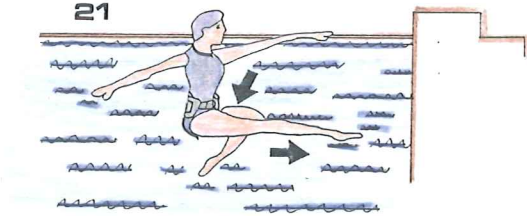
FLESSIONE SU gamba (Proprioceettivo)

MASSIMO CANEPA
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Part. I.V.A.: 03236320101

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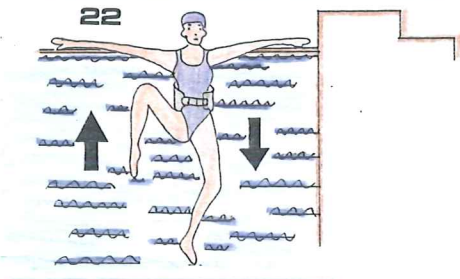


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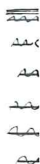


ESTENSIONI
ALTERNATA

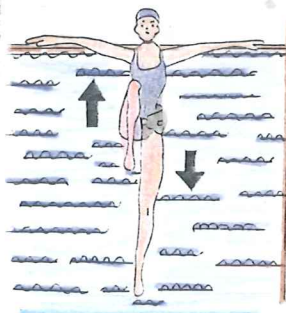
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FLESSIONE GINOCCHIO
SU ANCA

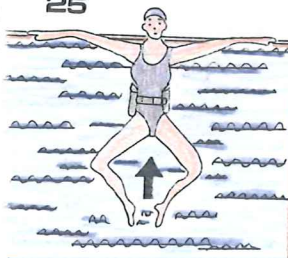


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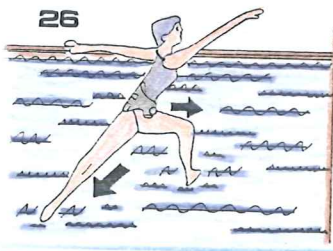
SPALLE BORDO VASCA
GINOCCHIA ALT. AL PETTO.

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TALLONI
AL PUBE

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